

Week 10 Disciplines of a Disciple: Prayer

A major aspect of _____ a **disciple** or _____ a **disciple** is obeying & teaching all the commands of Christ.

There are **147 commands** of Christ in the gospels. There are **1433 instructions** to disciples in the New Testament.

What we want to try and do over the next few weeks is focus on the **major commands** that a disciple is instructed to obey over & over. That is, of the 1000s of things a disciple is to be & do, **we want to focus on the main things that a disciple is commanded be & do over & over** to in the New Testament.

5 Major Disciplines of a Disciple

Praying: The discipline of regularly _____ with God.

Studying: The discipline of consistently _____ from t/ Word of God.

Walking: The discipline of increasingly _____ in obedience to God.

Living: The discipline of graciously _____ with other people.

Telling: The discipline of devoutly _____ t/ truth with other people.

Praying-Studying-Walking-Living-Telling

are the main disciplines in the engine room of the disciple and they become the locomotive that leads the rest of a disciple's life & growth.

-Prayer is _____ **communication** with God – talking and listening to Him.

-Prayer is _____ **our thoughts**, concerns, desires, fears & questions to the God of the universe.

-Prayer is having an ongoing _____ with God.

-Prayer is, at the root, _____ to God.

When we think of prayer we often only think of the **“talking”** part of the conversation...and usually overlook the **“listening”** part of the conversation.

-Prayer includes **talking** to God about our thoughts, concerns, desires, fears.

-Prayer includes **listening** to God's Spirit as he responds, urges, comforts, nudges, warns, compels etc.

-Prayer includes **paying attention** to God by focusing on God's **Word**, God's **instruction**, God's **character**, His **Son**, His **Spirit**, & His **actions** in the world...

Read: Eph 6:18, Phil 4:6, 1 Thess 5:16-18, James 5:16, 1 Tim 2:1-2, 1 John 5:14-15, Mark 11:24, 1 Chron 16:10-12, Psalm 17:6, 102:17, Psalm 4:1, 145:18

Developing & Instilling the Disciple of Prayer

Set a time. Reserve slots in the day or week when you can set aside _____ blocks of time to just to pray.

Set an alarm. Use your phone or watch to remind you of your _____ to pray. We will do what is scheduled, we will neglect what is unscheduled.

Set a place. Find a quiet, removed & private location where you can go to _____ on the Lord.

Get a routine. Build prayer into the _____ of your daily routine. Make prayer a part of all the important things you do in a day.

Get a journal. Record your prayers in a notebook. This way you will be able to _____ all of God's answers to prayer in your life & others.

Get a partner. Invite someone to join you in your praying. We will be more likely to be faithful in prayer if we do it _____.

Incorporating all kinds of prayer!

Adoration: We express our adoration and praise to God. We worship him in prayer for the wonder of His greatness, His sovereignty and mighty power. We praise and honor God for **who He is** and **what He has done**.

Confession: Confession means to agree with God about our sin. Confession involves repentance. Confession means we admit to God that we are wrong and He is right, in specific areas. We ask for His forgiveness and strength to change.

Thanksgiving: We express appreciation to God for what He has done for us and others. Our gratitude pleases the Lord. Prayers of thanksgiving are meant to thank God for everything He has done for us.

Supplication: Making requests. We pray for **other people** and **their needs** and for **our own needs**. Pray not just for **physical things** (provisions, healing, needs) but also **spiritual things** (to grow with God, to commit to Him more each day, to grow in knowledge of Him, salvation & sanctification of others).