

Chapter



Part 2

(v15-33)

The main aim of this final section of Ephesians Chapter 5 is to give clear *instruction* to husbands & wives.



Interestingly however Paul
does not *immediately* address
husbands and wives
specifically...

He continues to address them *both*
as part of the general *body* of believers...



While doing so he
gives us a clear
picture of what
the daily mentality
of the believer
should be.



This mentality is critical
for all believers, not just
husbands and wives.

However, this *mentality* is
incredibly important for
husbands and wives... especially
if they desire to have regular
success in their *marriage*.

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. (v15-16)

Paul starts by reminding us all of how important our *time* is.



Paul doesn't
want anyone to
take their time
on earth for
granted.



Paul challenges the believers
to make the most of their time
and to use their time to the
best of their ability for the
glory of God.

#1

The **1ST KEY** to a successful Christian mentality is a continual

awareness

of time, and how quickly time is passing and how fleeting life is.

Suggestions

Live every day independently of the previous days or coming days.

Suggestions

Keep a detailed schedule and regularly log your day/time.

Suggestions

Eliminate major unnecessary
time wasters.

#2

The **2ND KEY** to a successful Christian mentality is a continual sense of *urgency* and ever present desire to do more and more for God in the time we have.

Suggestions

Schedule the most important things in your life & do them first.

Suggestions

Only relax or do the fun/trivial thing after the most important things have been accomplished.

Suggestions

Try to have a sense of accomplishing at least one spiritually significant thing each day, half day, hour etc.

According to Paul, these are also
the keys to a successful marriage.



That is; an awareness of your time
and your responsibilities within time
and a valuing of your spouse's time
...including an urgency to make the
most of your time with your kids etc.

Suggestions

Mark how many Saturdays you have left with your oldest child on a calendar. Scratch them off 1 by 1.

Suggestions

Schedule one on one time with each child weekly, and even in snippets daily.

Suggestions

Spend deliberate time with your spouse or kids **before** doing something personal/relaxing.

Paul continues...

*Therefore do not be foolish,
but understand what the will
of the Lord is. And do not get
drunk with wine, for that is
debauchery, but be filled
with the Spirit... (v17-18)*

Paul continues by reminding us all to not see life as *trivial* and mundane, but rather to see life as eternal, weighty and significant.

Paul challenges the believers
to understand and know what
God wants and to be laser
focused on that.

Through the example of alcohol,
Paul warns against any kind of
thing/behavior that would cause
the believer to *lose focus* on
God's will and their fleeting time.

Paul encourages the believer to be **filled** with the Spirit (*or to **follow** the Spirit's leading*) so that they can make the most of their time and do the will of God.

#3

The **3RD KEY** to a successful Christian mentality is to continually understand the *seriousness* of life (sobriety) and to not get caught up in the folly of worldly living/concerns.

Suggestions

Remember to number your days... figuratively and literally.

Suggestions

**Strategically evaluate how much
worry-time-concern something
warrants taking up in your life.**

Suggestions

Log the amount of time/concern spent on temporary/physical things vs. eternal/spiritual things.

#4

The **4TH KEY** to a successful Christian mentality is to **stay focused** on the will and desire of God. And to **steer clear** of anything and everything that will cloud your vision or slow your progress.

Suggestions

Limit the hobbies, games and habits in your life. Very few of them are really beneficial.

Suggestions

Have set times, seasons in your life/year where you will undergo a **personal evaluation.**

Suggestions

No matter how small, or limited,
always have some form of **God's**
Word entering your life daily!

According to Paul, these are also
the keys to a successful marriage.



That is; a seriousness towards the weightiness of marriage and parenting and a constant focus on the aim of having a godly marriage, godly children etc.

Paul continues...

*...addressing one another in
psalms and hymns and
spiritual songs, singing and
making melody to the Lord
with your heart...(v19-21)*

Paul challenges the believers to rally together *corporately* through singing & prayer, in order to help each other *collectively* stay alert & focused.



#5

The **5TH KEY** to a successful Christian mentality is to **surround** yourself with other believers who want the same thing as you. **Stick** with Christians who are also zealous to make the most of their lives.

Suggestions

Evaluate your closest friendships.

We are at best, an average of our
5 closest friendships.

Suggestions

Spend most of your **relational time** with people who you want to be more like.

Suggestions

Schedule time with other believers. Make this time purposeful not just trivial.

According to Paul, this is also a
key to a successful marriage.



That is; that as a couple, we spend time with other couples in prayer & worship unto God...but also as a unit (husband/wife) together, we spend time praying & worshiping together.

*...giving thanks always and
for everything to God the
Father in the name of our
Lord Jesus Christ, submitting
to one another out of
reverence for Christ. (v19-21)*

Paul challenges the believers to
ever be thankful to God for all
that he has done for us...and to
collectively *submit* to each other
(*serve* one other) out of love,
unto Christ.

A large, stylized blue graphic consisting of a hashtag symbol (#) followed by the number 6. The hashtag is composed of multiple parallel lines, and the number 6 is a bold, rounded font with a slight shadow effect.

The **6TH KEY** to a successful Christian mentality is to always be thankful to God for everything. And to acknowledge your part in the corporate body of Christ and to serve & submit to others within your role in that greater body.

Suggestions

Schedule thankfulness. Thank God for something specific before every meal, every shower.

Suggestions

**Look for ways to serve others and
ways to allow others to be first.**

Suggestions

Practice going to the back of the line, jumping in to serve & listening before you speak etc.

According to Paul, this is also a
key to a successful marriage.



That is; that as a couple, we are thankful to God for what he has done for us & continues to do for us... and we acknowledge & submit to the individual roles that he has for us within our marriage & family.

*Now Paul turns his attention
directly to husbands and wives...*

Wives, submit to your own husbands, as to the Lord. For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. (v22-23)

*Now as the church submits
to Christ, so also wives
should submit in everything
to their husbands. (v24)*

#1

The **1ST** thing Paul says about marriage is that wives should *respect* their husband's God-given *role* in the marriage. The husband is to be the head of the marriage relationship.

#2

The **2ND** thing Paul says about marriage is that wives should ***submit*** to their husband's leadership role in the marriage.

*Husbands, love your wives,
as Christ loved the church
and gave himself up for
her... (v25)*

In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, because we are members of his body.

(v28-30)

#3

The **3RD** thing Paul says about marriage is that husbands should *love* their wives to the same extent that Christ loved the church and was willing to die for her.

*...that he might sanctify her,
having cleansed her by the
washing of water with the word,
so that he might present the church
to himself in splendor, without spot
or wrinkle or any such thing, that
she might be holy and without
blemish. (v26-27)*

#4

The **4TH** thing Paul says about marriage is that husbands should **lead** their wives spiritually, and through the ministry of the Word, sanctify her and grow her spiritually.

However, let each one of you love his wife as himself, and let the wife see that she respects her husband. (v33)